WHAT’S NEW AND EXCITING

• The first major revision since 1984
• First-ever companion website, including original content
• “Myth or Reality?” quizzes throughout the book

• Extended first-person stories from women of all ages and races
• More inclusive of the voices of younger women and immigrant women

THE BOOK’S NEW LOOK

• Almost all new photographs
• More compact size that makes it easier to carry and read

• Fresh, modern design
• A new, reader-friendly layout with lots of sidebars and bulleted points

NEW CHAPTERS

• Navigating the Health Care System
• Safer Sex

• Considering Parenting
• Gender Identity and Sexual Orientation

HOT TOPICS

• The debate over “female sexual dysfunction”
• Direct-to-consumer advertising by pharmaceutical companies
• Cosmetic surgery and breast implants
• Fad diets

• Microbicides, which stop sexually transmitted infections
• The menstrual suppression debate
• Breastfeeding
• Anti-depressants

WHAT MAKES OUR BOOK DIFFERENT

• Reflects the expertise of hundreds of health care professionals, lay activists, and ordinary women
• Independent of commercial pressures; organization does not take any money from pharmaceutical companies

• Based on the best, most up-to-date scientific evidence
• Has sold more than 4 million copies and has been translated into 18 languages; also available in Braille

ABOUT OUR BOOK AND ORGANIZATION

• 2005 marks the 35th anniversary.
• The 2005 edition is the 8th edition.
• Our nonprofit group provides information about women’s health, sexuality, and reproduction.
• Advisory board members include Susan Love, MD, and Gloria Steinem.

• Our Bodies Ourselves is also known as the Boston Women’s Health Book Collective.
• The organization is called Our Bodies Ourselves; the book’s title is Our Bodies, Ourselves.
• The book has never gone out of print.